



NORFOLK JUNIOR SQUASH

GRAND PRIX ENTRY FORM

Bannatynes Health & Racquet Club

Northside, St. Andrews Business Park, Norwich, NR7 0HT
Tel. 01603 431580 Email: gm.Norwich@bannatyne.co.uk

&

Oasis Sport & Leisure Club

Pound Lane, Thorpe, Norwich, NR7 0UB
Tel. 01603 462462 Email: info@oasisslc.co.uk

Sunday 21th March 2010

- THIS IS A FUN EVENT DESIGNED FOR **JUNIORS OF ALL STANDARDS**
- PLAYERS WILL BE GIVEN A MINIMUM OF 3 MATCHES
- GROUPS ARE GRADED TO ENSURE MAXIMUM NUMBER OF CLOSE MATCHES
- ALL JUNIORS UNDER 19 YRS. ARE ELIGIBLE TO ENTER (**NEIGHBOURING COUNTIES WELCOME**)
- PLAYERS ARE EXPECTED TO REFEREE & MARK MATCHES, WITH ASSISTANCE AVAILABLE FOR YOUNGER AGE GROUPS AND NEWCOMERS
- IN THE EVENT OF A DISPUTE THE TOURNAMENT REFEREES DECISION WILL BE FINAL
- APPROPRIATE SQUASH CLOTHING TO BE WORN & NON MARKING SHOES ONLY
- PROTECTIVE GOGGLES MUST BE WORN FOR ALL MATCHES (THESE CAN BE BOUGHT/BORROWED ON THE DAY) & MUST COMPLY WITH BS 7930.1
- PLEASE REPORT TO THE TOURNAMENT DESK 15 MINS BEFORE YOU ARE DUE TO PLAY
- ENTRY GIVES GRAND PRIX COUNTY RANKING AND CONSIDERATION FOR COUNTY SELECTION
- ALL PLAYERS ARE REQUIRED TO ADHERE TO CODE OF CONDUCT RULES
- PARENTS ARE REQUESTED TO REFRAIN FROM INTERFERING IT MATCHES

If you wish to enter please complete the details below and send with £7-00 entry fee

(CHEQUES MADE PAYABLE TO NORFOLK JUNIOR SQUASH) to:-

Tony Henden, Broadland Sports Club, Main Rd, Fleggburgh, Gt. Yarmouth,
Norfolk, NR29 3AE **by Monday 15th March**

Tel: 01493 369651/ 07900 558493 Email: tonyhenden@ntlworld.com

You start time & venue will be advised by Friday 19th March

Please ensure your entry and fee are submitted before the deadline.

BANNATYNES & OASIS MARCH 2010

Name _____ Age _____ D.O.B _____

Address _____

Post Code _____ Tel No _____ (H) _____ (M)

Squash Club _____ School _____

Please provide details of any medical conditions, allergies or medications that we should be aware of and any additional emergency contact details for use on the day of the tournament.

.....
If you would like to receive e-newsletters and related information from Norfolk Junior Squash, please confirm your current email address below. Thank-you

Email..... (PLEASE WRITE CLEARLY)



OFFICIAL BALL OF ENGLAND SQUASH



www.norfolkjuniorsquash.org.uk

Website Sponsored and maintained by

Professional & Accessible Website Design
Full Ecommerce Solutions
Ongoing Website Maintenance
Website & Email Hosting
Search Engine Optimisation
Software & Database Development

DATA SOLVE
SOFTWARE LTD
DESIGNING IT SOLUTIONS FOR THE FUTURE

We provide a range of services aimed at ensuring your website works for you and communicates your message to your target audience. Our professional and friendly web designers will help you achieve this by ensuring that your website is appealing, accessible and user friendly. Call now for more information and take advantage of our free, no obligation, 14 day design quotation service. Tel: 01953 851507 Email: enquiries@datasolve-software.co.uk Website: www.datasolve-software.co.uk

Bannatynes Health & Racquet Club

Northside, St. Andrews Business Park, Norwich, NR7 0HT

Tel. 01603 431580 Email; gm.Norwich@bannatyne.co.uk

Exclusive members only club. Luxury facilities include; Swimming Pool, sauna, steam room, Jacuzzi, 3 indoor & 3 outdoor tennis courts, badminton, squash, dance studio, mind and body studio, spinning studio (30 new spin bikes), over 70 classes at no extra cost, amazingly equipped gym, over 100 pieces of CV equipment, huge free weights area & a recent upgrade to the latest Technogym resistance equipment. Also included in your membership use of two state of the art, top of the range POWER PLATES.



B

Bannatyne's Health Club
www.bannatyne.co.uk



Oasis Sport & Leisure Club

Pound Lane, Thorpe, Norwich, NR7 0UB

Tel. 01603 462462 Email; info@oasisslc.co.uk

The Oasis Sport and Leisure Club is delighted to host the Norfolk Junior Squash Grand Prix on Sunday 21st March.

We are a Membership Club offering use of Pool area, Gym, Squash, Tennis, Fitness Classes, Harry's Bar and Mirage Function Suite. Ample Free Car Parking

Special Snack menu will be available for the benefit of Grand Prix Players and Guests in Harry's Bar

Hot Dogs £2.50

Beefburger £2.50

Jacket Potato £2.50

Portion of Chips £2.50

Wide selection of hot and cold drinks will be available from the Fully Licensed Bar

Code of Conduct

Only food purchased from The Oasis Sport & Leisure Club may be consumed on the premises

Use of the Pool area is restricted to Oasis Members only

Please use the Gym changing rooms only

Please place your litter in the waste bins provided, and enjoy your squash games